




WEEK OF: Dec 01-05, Jan 05-09, Jan 26- 30, Feb 16-20



<div>  <b>LAUREMONT SCHOOL</b> </div> <div> <b>LAUREMONT LOWER SCHOOL AUTUMN MENU 2025</b> </div>						
W e e k  3	Featuring:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Soup	Indulge in Freshly Homemade Soups-One Meat, One Vegetarian Available During Every Lunch				
	Main	Baked Chicken Schnitzel Crushed New Potatoes Petit Pois	<b>Taco Tuesday!</b> Crunchy Cod Fillets Soft Flour Tortilla & All the fixings Oven Baked Sweet Potato Wedges	(Suitable for Vegetarian) Gemelli Pasta Alfredo & Pomarola Sauce Cheesy Garlic Knots Steamed Broccoli Florets	Pork Roast with Cranberry Sauce Baked Sweet Potatoes Fries Steamed Heirloom Carrots	Chicken Tikka Masala Steamed Basmati Rice Oven Roasted Green Beans
		Gluten-free, plant-based, and dietary needs alternatives are available for the main hot meal.				
	Options <small>Available at Hot Meal Station</small>	(Suitable for Vegetarian) Mediterranean Style flammkuchen with Meatless Crumbles, Roasted Vegetable & Bell Peppers	(Suitable for Vegetarian) Curried Lentil Vegetable Pot Pie and/or Chicken Pot Pie	Preserved Lemon Chicken with Couscous Pilaf	(Suitable for Vegetarian) Vegetarian and/or Shrimp Steamed Rice Paper Rolls	(Suitable for Vegetarian) Mushroom & Leek Galette
	Salad/Deli Bar	Romaine Heart & Arugula Rainbow Salad Toppings Couscous Salad Crudites & Fresh Cut Fruits Cream Cheese & W/Wheat Bagel Turkey & Cheddar Multigrain Bread Tuna Salad W/Wheat Sandwich <i>Feature Sandwich</i>  Caprese Baguette Sandwich	Iceberg & Mesclun Salad Rainbow Salad Toppings Quinoa, Spinach & Corn Salad Crudites & Fresh Cut Fruits Cream Cheese & Multigrain Bagel Salami & Havarti W/Wheat Bread Egg Salad W/Wheat Sandwich <i>Feature Sandwich</i>  Grilled Chicken Panini	Romaine Heart & Arugula Rainbow Salad Toppings Chef's Specialty Salad Crudites & Fresh Cut Fruits Cream Cheese & W/Wheat Bagel Ham & Cheese Multigrain Bread Tuna Salad W/Wheat Sandwich <i>Feature Sandwich</i> Sourdough Reuben Sandwich	Iceberg & Mesclun Salad Rainbow Salad Toppings Greek Pasta Salad Crudites & Fresh Cut Fruits Cream Cheese & Multigrain Bagel Salami & Cheddar Multigrain Bread Egg Salad W/Wheat Sandwich <i>Feature Sandwich</i> Chicken Banh Mi Sandwich	Romaine Heart & Arugula Rainbow Salad Toppings Chickpeas & Lentil Salad Crudites & Fresh Cut Fruits Cream Cheese & W/Wheat Bagel Turkey & Cheddar W/Wheat Bread Tuna Salad W/Wheat Sandwich <i>Feature Sandwich</i> Prosciutto Mozzarella Sandwich
	Dessert	Fresh Fruit Baskets	Fresh Fruit Baskets	Fresh Fruit Baskets	Fresh Fruit Baskets	Special Treats

NOTE: Milk and water are provided with every lunch

During every lunch period, each classroom gets a cold plate of crudites, cold cut turkey, assorted breads, sliced cheese and cream cheese