








WEEK OF: Mar 24-29, April 14-18, May 5-9, May 26-30

 LAUREMONT LOWER SCHOOL SPRING MENU 2025 						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W e e k 1	Soup	Indulge in Freshly Homemade Soups-One Meat, One Vegetarian Available During Every Lunch				
	Main	Lemon Herbs Chicken Breast Dina's Tzatziki Sauce Roasted Potatoes Vegetables Medley	Roasted Pork Tenderloin Steamed Sticky Rice Crispy Green Beans	(Suitable for Vegetarian)  Whole Wheat Mac & Cheese Assorted Bread Rolls Mediterranean Roasted Vegetable	Baked Crispy Chicken Drumsticks Robert's Maple Garlic BBQ Sauce Sheet-Pan Potato Fries Peas & Carrots	Build-your-own Taco Bar Seasoned Ground Turkey Corn Taco Shell All the fixings
	Gluten-free, plant-based, and dietary needs alternatives are available for the main hot meal.					
	Options <small>Available at Hot Meal Station</small>	(Suitable for Vegetarian) Sun-dried Tomato Pesto Pasta with Kale & Beyond Sausages	(Suitable for Vegetarian) Chicken and/or Veggie Paneer Tandoori Naan Pizza	Maple Glazed Salmon Fillet with Wild Rice	(Suitable for Vegetarian) Mushroom Ravioli with Spinach & Asparagus	(Suitable for Vegetarian) Red Curry Pad Thai Stir-Fried with Crispy Tofu 
	Salad/Deli Bar	Romaine Heart & Arugula Rainbow Salad Toppings Sama's Specialty Salad Crudites & Fresh Cut Fruits Cream Cheese & W/Wheat Bagel Turkey & Cheddar Multigrain Bread Tuna Salad W/Wheat Sandwich Feature Sandwich Ham & Cheese Sourdough	Iceberg & Mesclun Salad Rainbow Salad Toppings Soba Noodle Salad Crudites & Fresh Cut Fruits Cream Cheese & Multigrain Bagel Salami & Havarti W/Wheat Bread Egg Salad W/Wheat Sandwich Feature Sandwich  Caesar Chicken Wrap	Romaine Heart & Arugula Rainbow Salad Toppings Broccoli Salad Crudites & Fresh Cut Fruits Cream Cheese & W/Wheat Bagel Ham & Cheddar W/Wheat Bread Tuna Salad W/Wheat Sandwich Feature Sandwich  BLT on Rye Bread	Iceberg & Mesclun Salad Rainbow Salad Toppings Greek Pasta Salad Crudites & Fresh Cut Fruits Cream Cheese & Multigrain Bagel Turkey & Cheddar W/Wheat Bread Egg Salad W/Wheat Sandwich Feature Sandwich  Grilled Chicken Panini	Romaine Heart & Arugula Rainbow Salad Toppings Avocado Cucumber Tomato Salad Crudites & Fresh Cut Fruits Cream Cheese & W/Wheat Bagel Salami & Havarti Multigrain Bread Tuna Salad W/Wheat Sandwich Feature Sandwich Sourdough Reuben Sandwich
	Dessert	Fresh Fruit Baskets	Fresh Fruit Baskets	Fresh Fruit Baskets	Fresh Fruit Baskets	Special Treats

NOTE: Milk and water are provided with every lunch

During every lunch period, each classroom gets a cold plate of crudites, cold cut turkey, assorted breads, sliced cheese and cream cheese