








WEEK OF: April 7-11, April 28-May 2, May 19-23, June 9-13

|  <b>LAUREMONT LOWER SCHOOL SPRING MENU 2025</b>  |   |   |   |   |   |   |
|--|---|---|---|---|---|---|
|  |   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
| <b>W<br/>e<br/>e<br/>k<br/><br/>3</b>  | <b>Soup</b>   | Indulge in Freshly Homemade Soups-One Meat, One Vegetarian Available During Every Lunch   |   |   |   |   |
|  | <b>Main</b>   | Oven Baked Chicken Tenders<br>Country-Style Potato Wedges<br>Petit Pois w/ Sea Salt   | Whole Wheat Penne Pasta<br>Bolognese or Alfredo Sauce<br>Cheesy Garlic Knots<br>Steamed Broccoli Florets<br>Parmesan Cheese   | Roasted BBQ Chicken<br>Steamed Jasmine Rice<br>Baby Bok Choy  | English Style Sole Fillets<br>Baked Potato Fries<br>Steamed Heirloom Carrots  | (Suitable for Vegetarian)<br>Personalized<br>Five Cheese Pizza<br>Choice of Toppings<br>Spring Vegetable Medley   |
|  | Gluten-free, plant-based, and dietary needs alternatives are available for the main hot meal. |   |   |   |   |   |
|  | <b>Option</b><br><small>Available at Hot Meal Station</small>                                 | (Suitable for Vegetarian)<br>Singapore Noodles Stir- Fry<br>with Mung Bean & Crispy Tofu<br>   | Chicken & Shrimp Paella with<br>Whole Grain Rice  | (Suitable for Vegetarian)<br>Baked Vegetable Curry Puffs<br>with Lentil & Squash  | (Suitable for Vegetarian)<br>Vegetable Lasagna with<br>Spinach and Ricotta Cheese<br>  | Grilled Lemongrass Chicken<br>with Quinoa Pilaf   |
|  | <b>Salad/Deli Bar</b>   | Romaine Heart & Arugula<br>Rainbow Salad Toppings<br>Mango Salad<br>Crudites & Fresh Cut Fruits<br>Cream Cheese & W/Wheat Bagel<br>Turkey & Cheddar Multigrain Bread<br>Tuna Salad W/Wheat Sandwich<br><i>Feature Sandwich</i><br><br>Grilled Vegetable Wrap | Iceberg & Mesclun Salad<br>Rainbow Salad Toppings<br>Mediterranean Legumes Salad<br>Crudites & Fresh Cut Fruits<br>Cream Cheese & Multigrain Bagel<br>Salami & Havarti W/Wheat Bread<br>Egg Salad W/Wheat Sandwich<br><i>Feature Sandwich</i><br>Ham & Cheese Sourdough | Romaine Heart & Arugula<br>Rainbow Salad Toppings<br>Ancient Grains Salad<br><br>Crudites & Fresh Cut Fruits<br>Cream Cheese & W/Wheat Bagel<br>Ham & Cheese Multigrain Bread<br>Tuna Salad W/Wheat Sandwich<br><i>Feature Sandwich</i><br>Rye Reuben Sandwich | Iceberg & Mesclun Salad<br>Rainbow Salad Toppings<br>Sweet Corn Salad<br>Crudites & Fresh Cut Fruits<br>Cream Cheese & Multigrain Bagel<br>Salami & Cheddar Multigrain Bread<br>Egg Salad W/Wheat Sandwich<br><i>Feature Sandwich</i><br>Multigrain Turkey Club | Romaine Heart & Arugula<br>Rainbow Salad Toppings<br>Sama's Specialty Salad<br>Crudites & Fresh Cut Fruits<br>Cream Cheese & W/Wheat Bagel<br>Turkey & Cheddar W/Wheat Bread<br>Tuna Salad W/Wheat Sandwich<br><i>Feature Sandwich</i><br><br>Buffalo Chicken Warp |
|  | <b>Dessert</b>  | Fresh Fruit Baskets   | Fresh Fruit Baskets   | Fresh Fruit Baskets   | Fresh Fruit Baskets   | Special Treats  |

NOTE: Milk and water are provided with every lunch

During every lunch period, each classroom gets a cold plate of crudites, cold cut turkey, assorted breads, sliced cheese and cream cheese