











 LAUREMONT SCHOOL		Monday		Tuesday		Wednesday		Thursday		Friday	
Lunch - WEEK 2	Featuring:			Classic Comfort		Noodle				Fun Day Friday	
	Main		Balsamic Orange Chicken with Jasmine Sticky Rice and Broccoli		Hearty Beef and Potato Stew with Roasted Thyme Cauliflower		Baked Tomato, Spinach, Basil and Cheese Penne with Garlic Green Beans		Carved Jerk Pork Loin, Mashed Potato, Peas and Spicy Gravy		Hoisin Chicken, Peppers and Cabbage Chow Mein Stir fry and Sesame Bok Choy
	Veggie Option		Orange Balsamic Grilled Eggplant and Feta Stack		Tofu Eggplant Stew		Baked Tomato, Spinach, Basil and Cheese Penne		Jerk Chickpea Curry		Vegan Mapo Tofu and Mushroom
	Fun Addition		Veggie Spring Rolls		Cheese Tea Biscuits		Garlic Knots		Chicken Jamaican Patty		Veggie Dumplings
	Sandwich		Togarashi Tuna Salad Sandwich on Multigrain		Curry Chicken Salad Wrap		Mortadella on Portuguese Bun, Fresh Mozzarella, Sundried Tomatoes and Basil		Egg salad on White		Classic Grilled Cheese
	Salad		Spinach, Mango, Edamame and Carrots Salad with Sesame Dressing		Traditional Greek Salad		Caprese Salad		Creamy Sweet Coleslaw		Cucumber, Chili and Pickled Carrot Salad
	Soup	Hand Crafted One Meat One Vegetarian, From Scratch, Every Day									

*Allergen Note: We are a peanut and nut aware kitchen. Please speak directly to our trained Manager/Chef in regards to any special food considerations and Allergies.
"No Gluten" items may come in cross-contamination with wheat during preparation.