









WEEK OF: Nov 18-22, Dec 9-13, Jan 13-17, Feb 3-7, Feb 24-28,

 LAUREMONT SCHOOL		Monday		Tuesday		Wednesday		Thursday		Friday	
Lunch - WEEK 2	Featuring:						Noodle				Fun Day Friday
	Main	Always have gluten free option available 									
			Balsamic Orange Chicken with Sticky Rice and Broccoli		Crispy Fish Taco on Soft Flour Tortillas, Brown Rice and Coleslaw		Cheesy Beef and Baby Conchiglie Pasta with Green Beans		Carved Jerk Pork Loin, Mashed Potato , Peas and Gravy		Halal Beef Burger with Mixed Greens, Croutons and Onions Salad
	Veggie Option		Orange Balsamic Tofu		Cauliflower Bites and Pinto Beans Taco		Rose Primavera Conchiglie		Vegetable Jalfrezi		Veggie Burger
	Fun Addition		Blueberry Chocolate Scones		Churros with Spicy Chocolate Sauce		Texas Toast		Veggie Patty		Cheese Sauce Potato Wedges
	Sandwich		Tuna Salad on White Bread		Tex Mex Chicken, Avocado, Cabbage and Corn Slaw Wrap		Ham , Tomato and Swiss Melt on Sourdough		Corned Beef, Pickle and Mozzarella on Multigrain		Italian Sub with Tomatoes, Salami and Provolone and Arugula
	Salad	Plant Based Creations Composed Daily									
			Arugula, Barley, Mushrooms and Sweet Pepper Salad		Spicy Quinoa, Tomatoes, Basil and Pumpkin Seeds Salad		Watermelon, Jalapeno, Feta and Lime Salad		Caesar Salad		Fried Lemon, Arugula, Toasted Pumpkin Seeds, Parsley and Radish Salad
	Soup	Hand Crafted One Meat One Vegetarian, From Scratch, Every Day									

*Allergen Note: We are a peanut and nut aware kitchen. Please speak directly to our trained Manager/Chef in regards to any special food considerations and Allergies.
"No Gluten" items may come in cross-contamination with wheat during preparation.